

# Walsall Bereavement Support Service



## Trustees Annual Report and Financial Statements

1<sup>st</sup> April 2019 - 31<sup>st</sup> March 2020

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### Our mission

To provide caring and sensitive support to bereaved children, young people, and adults who live in the borough of Walsall and who need help to cope with the loss of a relative or friend

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## Report of the Trustees

**The Trustees of Walsall Bereavement Support Service (WBSS) have pleasure in presenting their annual report and financial statements of the charity for the year ended 31 March 2020.**

The financial statements comply with the Charities Act, the Charity's Constitution and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (updated 1 January 2019).

## Report of the Chair of Trustees

I am very pleased to report that over the past 12 months, WBSS has successfully re-established its adult bereavement support service, now called 'Let's Talk'. We are extremely grateful to the National Lottery Community Fund for funding this service for 3 years and for recognising the value of the work that we provide to bereaved residents of Walsall who are struggling to cope with their grief and its impact on their lives. In addition to 'Let's Talk', we have continued to provide group support for those bereaved due to suicide through our 'Hope' group.



Since establishing *THE SWING*, (our children, young people, and family bereavement support service) in 2003, we have had the annual challenge of raising the funds to continue to deliver this project. I am delighted to report that once again, we were able to fund all the activities provided by *THE SWING* due to many generous donations from Trusts, Foundations, companies, and individuals. In recent years, the demand for this service has increased. This has meant that our staff have worked tirelessly and constantly to full capacity, putting pressure upon keeping our waiting times down for children to receive support. In 2018, we secured a £10,000 grant from the Wesleyan Foundation to help us to employ a further part-time paid children's counsellor. Then, in April 2019, we secured a further grant of £10,000 from the St. James's Place Foundation, enabling us to continue to employ this third counselling position for longer. As a result, *THE SWING* has been able to reduce waiting times and increase the numbers of children and young people it supports from 221 children in 2018/19 to 231 children in 2019/20.

On behalf of the Trustees and staff WBSS and staff, we are grateful to all of the grant makers who believe in our services, some of whom have made very significant awards towards our work. During the past 12 months, in addition to the grant from the National Lottery Community Fund, we have received major grants from the Henry Smith Charity, BBC Children in Need, St James's Place Foundation, the Eveson Charitable Trust, Grantham Yorke Trust, Barbara Ward Children's Foundation, Clara E Burgess Charity and the W O Street Charitable Trust. We also received smaller grants ranging from £500 to £2,000 from several other Trusts and Foundations, all of which, when combined, helped us to reach our financial target. We are also grateful for the continued generosity of the many individuals who donated to WBSS or participated in fundraising events to help to raise money towards our work. Every donation helps us to continue to deliver our much-needed services.

At the heart of everything that we offer is our marvellous team of dedicated staff and volunteers. Our volunteers are integral to our service delivery, especially to our adult bereavement support service because they provide over 96% of the adult counselling support. The quality of this support is outstanding because our volunteers are already training to become qualified counsellors and in addition, they receive specialist bereavement training from WBSS. Many of our volunteers continue to provide support for many years after they are fully qualified. The Trustees are especially grateful to those volunteers who returned to help deliver counselling when we were able to reopen our adult service in January 2019. Their commitment is outstanding.

During 2019, our landlords informed us that they had development plans for the building in which our offices were located. Fortunately, we were able to secure new premises at The Crossing at St. Paul's, which is a central shopping area and community space in Walsall, well visited by local residents and adjacent to Walsall's main bus station, making it very accessible. This is a shared building with other organisations and retailers and includes a café and disabled access; however, we do have our own entrance to provide privacy for our service users. Although our move was forced upon us, it has turned out to be a very positive one, because we now have enhanced visibility amongst the public who use the centre.

Unfortunately, shortly after moving to The Crossing, the UK was forced into a national 'lockdown' due to COVID-19. As a result, WBSS Trustees had to implement a work from home policy for staff and volunteers and all face-to-face counselling sessions were suspended and replaced with telephone support. At the point of finalising our accounts for 2019-20, we cannot yet assess the full effects of COVID-19 as the face-to-face service at our centre has only recently resumed.

Also during 2019, we had the sad loss of Rosemary Brown, one of our long-serving trustees. Rosemary had a long relationship of service to the charity, as counsellor, mentor, and trustee, and she is sadly missed but well remembered.

Finally, I would like to thank Elaine Bullen, Head of Service for WBSS for her 14 years of hard work and dedication to the Charity, and for her great leadership. She has made an enormous difference to improving both the level of support and quality of services that our Charity provides, and we wish her happiness and health in her retirement. Elaine officially left WBSS at the end of March 2020; however, she has kindly agreed to extend her support by becoming a WBSS Trustee, to help us with the challenges we now face with COVID-19.

I would also like to welcome Rhiannon Brown as our new Head of Service. Rhiannon joined us in February 2020, just as we moved premises and prior to 'lockdown'. She has embraced her new role with enthusiasm despite the challenges she has had to face. We are delighted to have her on board and look forward to working with her over the coming year.

## **Jim Green**



## Report of the out-going Head of Service

It has been a real privilege to work for WBSS and whilst I look forward to my retirement, I know I will miss working with the dedicated staff and fabulous volunteers of this much-needed charity.

During my tenure with the charity, I have experienced many highs and lows, from the challenges of securing the necessary funds to deliver and develop the charity's work, to relocating our premises twice. However, my abiding memory will be that of the difference that WBSS makes to so many lives. As a counsellor myself, I have supported many of the bereaved clients who turned to WBSS for help and so have witnessed first-hand the terrible impact that loss can have on a person's mental and physical wellbeing. I feel honoured to have had the opportunity to help so many people come to terms with the isolation and pain that loss can bring and to support them whilst they begin to regain some quality of life once more. I truly consider the last 14 years as being the most rewarding and satisfying years of the whole of my working career.



It has given me great personal satisfaction to have been able to gain the funds necessary to re-establish the adult bereavement support service before retiring as Head of Service of WBSS. This service, prior to its closure in June 2018 due to funding cuts, had supported between 300-320 bereaved adults annually. We anticipated that during our first year of reopening referrals could potentially reach 150-200 individuals. However, we far exceeded this number and actually received 252 requests for support, demonstrating once again just how much the service is needed. I have no doubt that because of COVID-19, even more people will be requesting support from WBSS over the coming year and I wish the charity every success in delivering that support.

**Elaine Bullen**

## Report of the in-coming Head of Service

Despite the challenges we have had to face due to COVID-19 and its impact on WBSS's services, it is a real privilege to join such a hardworking and dedicated organisation. The staff and Trustees have been quite amazing, helping me to learn and gain my confidence in my new role, despite everyone having to work from home. My background is also in counselling and I have over 20 years' experience of working in the field of mental health and developmental disabilities with vulnerable people. I hope to use this knowledge to help me to develop WBSS's services even further so that we can reach more bereaved people across the borough of Walsall.



The impact of the pandemic on our work and on the community has been significant. Any person losing a loved one during this time for any reason has had to abide by the restrictions imposed on this country. This has meant that many families have been unable to support each other in the way that they would normally be able to do so during bereavement or bury their loved ones in a traditional way. Key workers have been under great strain not only in hospitals, but also in nursing/care homes. They have had to experience the loss of residents and the upset and pain that families have felt because they have been unable to visit their loved ones to say their goodbyes. All of this will have had an impact on how people grieve and move on with their lives.

Moving forward in my new role, I want to ensure that WBSS is able to provide support right across Walsall, to isolated people and workers who struggle to manage their emotional grief. This will be a challenge, but one that I know WBSS staff and Trustees are prepared to rise to if it will help the bereaved.

I look forward to reporting to you in 12 months' time.

**Rhiannon Brown**

## Charitable objectives

- To reduce the potential negative long-term impact that bereavement can have on a person's physical/mental wellbeing, education or employment, by providing appropriate support to enable each person to cope with their loss and begin to rebuild their lives.
- To enable the bereaved to develop strategies for living and become active, contributing members of society again.
- To prevent the effects of bereavement from damaging family cohesion through developing understanding and improving communication within the family unit.
- To provide caring and sensitive support that is free, confidential and open to residents of all ages who live in the Walsall borough, irrespective of their relationship to the deceased, the cause of death, or the time that has elapsed since the death.

## Public benefit

The trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2006 to have regard to the Charity Commission's general guidance on public benefit 'Charities and Public Benefit'. In the opinion of the trustees, the objectives of the charity as detailed above are for the public benefit.

The support offered by Walsall Bereavement Support Service is currently available free of charge to bereaved children, young people and their families who live within the Walsall borough and to adults bereaved by suicide.

Support is offered irrespective of relationship to the deceased, how they died or the length of time that has elapsed since they died.

## Our mission

To ensure that every Walsall resident who is struggling to cope with the impact of bereavement receives the support that they require to manage their feelings and return to living a happy and fulfilled life.

## Strategic aims

- To provide and promote high quality support services to those affected by bereavement in the borough of Walsall
- To raise awareness amongst the general public about 'Dying Matters' to help reduce the negative stigma that is attached to Death and Dying
- To raise awareness about the impact that bereavement can have on any person's emotional and physical health and where and when to seek support and advice
- To establish WBSS as the local provider in the field of emotional bereavement support.

**WBSS is a volunteer led charity and offers its services free of charge to any bereaved person from the Walsall Borough, irrespective of age, race, gender, disability, faith, sexual orientation, or social class.**

## The services that we offer

During the year, WBSS helped 252 bereaved adults and 231 bereaved children, young people, and their families. In total, this came to 2,131 support hours provided to the bereaved.

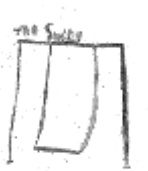
### Our support is provided through 3 projects:



'Let's Talk' specialist bereavement support for adults



Hope - specialist support group for people bereaved by suicide

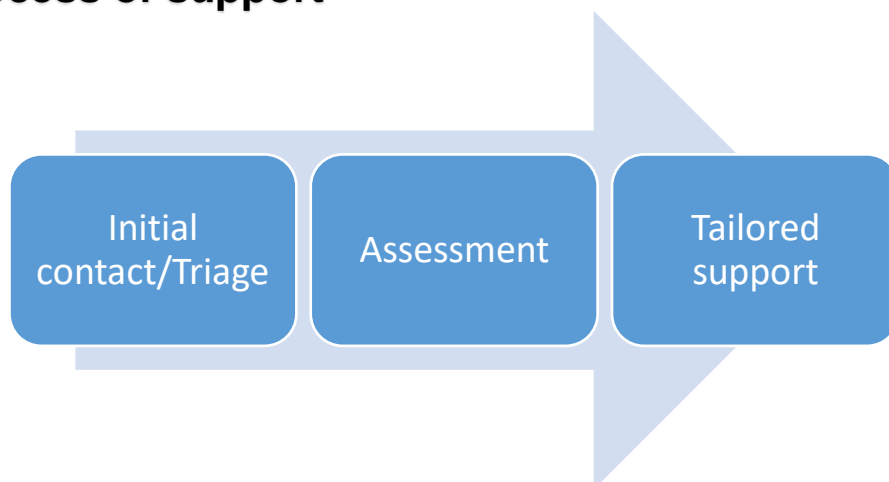


*THE SWING* specialist bereavement support for children, young people and families

Our support is tailored to the specific needs of our service users and includes:

- One-to-one counselling
- Group Support
- Family and Sibling support
- Out of Hours service during week-day evenings and Saturday mornings
- Special Support in schools

### The process of support



We do not charge our clients for our services to ensure that we are accessible to all. However, we do encourage donations if clients feel they are able to support our charity. We fund all of our services through voluntary donations and grants.

## About the people we support

The people who turn to WBSS for support are unable to cope with the overwhelming feelings of grief that they are experiencing. Many of our referrals have anxiety, depression, and complex issues have developed as a result of how they feel. For adults this can include dependency upon substances such as alcohol, prescription drugs, or cigarettes. Some are unable to work, have withdrawn from family and social life, and are less able to take care of themselves.



For children/young people, this can include emotional or behavioural issues, self-harming, refusing to attend school, and arguing with friends and family. We are receiving increasing numbers of referrals for children with mental health disorders such as attention deficit hyperactivity disorders (ADHD), oppositional defiant and conduct disorders, anxiety disorders and depressive disorders. Often, these children find it even more difficult to express/discuss their feelings and they struggle to adjust to their bereavement.

### Adults

Over the past 12 months of the 252 referrals to 'Let's Talk':



**63%** had emotional issues such as anxiety and depression



**25%** were experiencing physical symptoms/issues as result of their grief



**35%** had been prescribed medication to help them with the effects of their bereavement



**14%** said they were struggling with day-to-day living

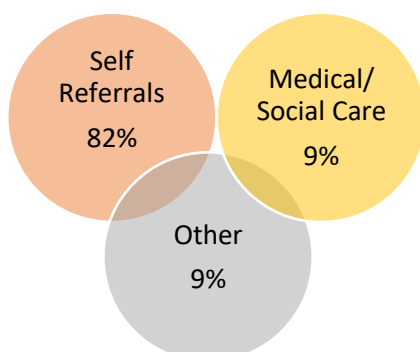


**25%** felt socially isolated/unsupported

### Profile of the adults that we helped

- **70%** lived in areas of Walsall ranked in the top 10-25% UK most deprived places to live
- **75%** were of working age (between 20-69 years of age)
- **75%** of referrals were female, **24%** male, and **1%** unknown
- **79%** sought support within 2 years of bereavement; however, **8%** sought our help 5 years or more after their loss

### Referral sources to 'Let's Talk'



**86%** of adults seeking support had experienced a significant family death such as a parent, spouse, sibling, grandparent or child



## Children and Young People

Over the past 12 months of the 231 referrals to *THE SWING*



**43%** of children/young people had emotional issues (feeling sad, anxiety or low mood, depression, worrying, low self- esteem)



**25%** of children/young people had mental/physical health issues (nightmares, eating problems, low concentration)



**16%** of children/young people had behavioural issues (truanting, self-harm, bullying/being bullied, substance/alcohol misuse)



**8%** of children/young people had difficulties with their education (refusing to attend school, poor school performance)



**7%** of children/young people had family relationship issues (with parents or siblings)



**5%** of children/young people had social life issues (mixing with friends, having fun and enjoying activities)

### Background to the children/young people that we helped

- **143** (61%) children had issues that placed them at high risk
- **60** (26%) children/young people were living in a one adult household
- **19** (8%) children/young people were living in care (Local Authority or with another family member other than their parent)
- **23** (10%) children/young people had allocated social workers
- **24** (10%) were defined as having special needs (CCAF, Child Concern, CIN etc.)
- **9** (4%) children had witnessed domestic violence
- **3** (1%) were/are involved in Targeted Youth, the Police, criminal activity
- **3** (1%) children were not in education or training (NEET)

### Profile of the children/young people that we helped

- **52%** of clients were male and **48%** were female
- **49%** of referrals were to work with primary school aged children and **49%** were to work with secondary schools age children or slightly older.
- **73%** of referrals were British White and **27%** were from BAME backgrounds.



- **78%** of children/young people had experienced a significant family death such as a parent/carer, sibling, or grandparent The Child Bereavement Network estimates that annually in Walsall, around 100 parents die leaving around 170 dependent children aged 0 -17 years
- **19%** of children/young people had experienced multiple bereavements
- **88%** of the children/young people that we supported lived in areas that fell within the top 10%-25% most deprived places to live in the UK

### Referral sources to *THE SWING*



**50% came from education sources**



**50% from Children's Centres, parents/other family members, the Local Authority, NHS and CAMHS, Targeted Youth, or were self-referrals**

## Our impact in 2019/20

**We understand the importance of monitoring and evaluation because it enables us to hear and respond to the views and experiences of our beneficiaries. The learning that we gain from evaluating our work informs the development of any of our new work streams**

We measure success by evaluating improvements made by each client against the issues affecting them due to their bereavement. At the onset of support, we undertake an assessment and record the issues facing each person via a questionnaire. We then monitor change under four main categories: emotional, behaviour, physical, and social/educational. These are broken down further into specific issues that include anxiety, depression, self-harming, substance/alcohol misuse, mental/physical health, etc. In doing this, we are able to gain an overall picture of the difficulties each client is experiencing and create a support plan tailored to their specific needs.

We review this information throughout a client's support so that we can monitor their progress and adjust their support plan if necessary. Finally, we ask all clients to complete an end of support questionnaire to compare where they were at the start of their support and how they were at the end. This determines our outcomes. We measure change against each issue (has it got worse? stayed the same? improved? or no longer a problem?). For children/young people we also ask parents to complete a similar questionnaire, enabling us to compare the child's view of their progress against their parents. This enables us to measure outcomes more accurately.

We also use case studies and volunteer feedback and routinely record referral routes, basic personal background information including address/age/ethnicity etc. In addition, on the closure feedback sheets, we ask all clients to comment on any negative experiences or areas where we could improve our service. We record all data on our monitoring system, which was designed using guidance from the National Child Bereavement Network. This enables us to analyse information and provide statistical evidence about the impact of our work. Annually we undertake an assessment to compare all client data, outcomes and feedback.

## Our services are open to all people

WBSS wants its projects and services to be open to as wide a range of people as possible and as such, we do not discriminate clients by age, race, gender, sexual orientation, relationship to the bereaved person, the time elapsed since the death, or cause of death. We utilise the skills of volunteers from different backgrounds and ethnicities and we work with schools across the borough that have high levels of BAME students or challenging students.

### Outcomes for adult service users

- **86%** felt that their support had helped them
- **82%** felt that there had been an improvement in their mental health
- **69%** said that they were more able to cope with day to day living
- **60%** said that their emotional issues had improved or were no longer an issue
- **59%** had noticed an improvement in their physical health
- **48%** said that they felt more socially supported and less isolated



#### In addition:

- **100%** said that they would recommend WBSS to others who are bereaved
- **100%** felt that our central location was easily accessible
- **87%** stated that the quality of our services was **excellent** or **very good**
- **82%** found that it was easier to talk to someone outside of their family/friends

### Outcomes for the Children/Young People we helped

- **87%** of clients experiencing behavioural issues stated that they were no longer a problem or had improved
- **81%** of clients experiencing physical symptoms stated that they had improved or were no longer a problem
- **81%** of clients experiencing emotional issues stated that they had improved or were no longer a problem
- **76%** of clients experiencing family issues stated that they had improved or were no longer a problem
- **73%** of clients experiencing educational problems stated that they had improved or were no longer a problem
- **61%** of clients experiencing issues with their social lives stated that they had improved or were no longer a problem



**Overall, 81% of children/young people stated that their issues had improved or were no longer a problem for them following counselling**

## Outcomes for children/young people – the parents/carers perspective

- **100%** felt their child's educational issues had improved or were no longer a problem
- **80%** felt that family life had improved or was no longer a problem
- **79%** felt their child's behavioural issues had improved or were no longer a problem
- **71%** of parents felt their child's physical health issues had improved or were no longer a problem
- **70%** felt their child's emotional issues had improved or were no longer a problem
- **67%** felt their child's social life had improved or was no longer a problem



Overall, **75%** of parents felt that the issues experienced by their children had improved or were no longer an issue by the end of their support

### In addition:

- **83%** rated the service as **excellent**
- **6%** rated the service as **very good**
- **11%** rated the service as **good**
- **94%** said they **would recommend our service**

## Spotlight on volunteers

Since WBSS started to provide placement opportunities, it has trained over 138 counsellors to help provide bereavement counselling



WBSS operates a continuous rolling recruitment programme to attract volunteer counsellors to ensure that we have the staffing resources to provide a high skills base for us to draw from to support clients. Over the years, we have developed a reputation for providing excellent placements for those training to become counsellors and our volunteer mentoring is recognised as being excellent. This is evidenced in our retention rate of volunteers. All new volunteer counsellors must complete the WBSS 'Bereavement and Loss' training programme and we also aim to offer additional training whenever opportunities arise.

WBSS volunteers providing support to adults, are all either qualified to at least Diploma Level 4 in Counselling or are training towards this qualification. Volunteers providing support to children and young people must be qualified to at least Diploma Level 4 in Counselling and in addition must also complete *THE SWING* 'Working with Children and Young People' training programme.

**Our volunteers are our most vital asset. In 2019/20, they donated over 1,519 hours of their time to support the bereaved**

## Notable achievements during 2019/20

- We re-established WBSS adult bereavement support service 'Let's Talk', following its closure in June 2018
- We were able to employ an administrator for the 'Let's Talk' Project
- We supported 252 adults in the first 12 months of re-opening 'Let's Talk'
- We recruited an additional 6 volunteers counsellors
- We moved premises to a new central location in Walsall improving our working environment, counselling space, whilst also increasing our visibility to the public
- We ensured that we could continue to support those in need of bereavement support when the country was forced into 'lockdown' as a result of the COVID-19 pandemic



## Our Future Plans

**In our next financial year 2020/21, we will be writing a new 5-year business plan and fundraising strategy. These documents will present an overview of the activities and services of WBSS and explain how we plan to develop and fund our services over the coming years. This will also take into account the impact of COVID-19 upon our plans.**

At the end of this financial year, we plan to include:

- Increase the profile of WBSS across the borough to ensure that the bereaved know where and how to contact us should they need our support
- Continue to promote the aims of the 'Dying Matters' coalition which are to encourage people to talk more openly about dying, death and bereavement and to make plans for the end of life
- Trial a new training programme for teachers to improve their understanding about the impact of bereavement upon children and when to refer a child for additional support
- Develop outreach support to vulnerable people including key workers in deprived communities to help them to cope with bereavement
- Extend our counselling programme to include digital counselling in addition to face-to-face and telephone counselling
- Work with local funeral directors and bereavement staff at Walsall Hospital to build referral pathways for families and individuals in need of counselling support
- Continue to deliver a support group for adults bereaved through suicide and explore opportunities for setting up a further support group for those dealing with other types of traumatic bereavement
- Secure funding to continue to deliver all of our current charitable activities
- Increase income generation by building upon community support and goodwill and individual giving to supplement the grants donated to us by charitable trusts and foundations
- Continue to develop WBSS's fundraising income by building upon community support and goodwill and increasing our income generation from individual giving as well as from grants donated to us by charitable trusts and foundations
- To work in partnership with Walsall Council and colleagues from across the borough to help deliver the aims of the Walsall Multi-Agency Suicide Prevention Strategy 2018-2023

For the past few years, WBSS has tried hard to broaden its income base through an increased focus on community fundraising and individual giving. However, we do recognise that the impact of COVID-19 will undoubtedly prevent us from organising events during the coming year and that we will need to consider how this will affect our long-term income generation plans.

Whilst we are acutely aware of the challenges facing the charity, we do believe that we have planned as well as we can for them. Ensuring the welfare of our clients is and will always remain, central to all of our efforts.

## Financial review

Grants and donations from charitable giving organisations continue to be our primary source of income. The National Lottery Community Fund is currently funding our adult bereavement support service 'Let's Talk' until 2022 and the Henry Smith Charity and Children in Need have been the major funders of *THE SWING*. We also continued to deliver our HOPE group, for adults bereaved as a result of suicide, which was funded through fundraising events by members of the group, voluntary donations and grants.

Mainly as a result of the adult service re-opening, income and expenditure increased in line with each other during this financial year. Income increased from £136,723 in 2018/19 to £169,996 during 2019/20 (24.3%), whilst expenditure increased from £127,254 in 2018/19 to £157,927 for 2019/20 (24.1%)

At the year-end 2018/19, our reserves stood at £98,842. Whilst these increased to £110,911 for the period ending 2019/20, 62.6% of this amount is restricted funding.

A breakdown of our income and a comparison to the previous year is as follows:

- Grants from Charitable Trusts and Foundations came to the total £160,716, an increase of 26.8% on 2018/19
- Donations from clients and organisations, plus £1,797 reclaimed through the Gift Aid scheme, amounted to £4,361, compared to £1,214 in 2018/19.
- Income raised from fundraising events amounted to £3,212 compared to £6,811 in 2018/19. This reduction was as a result of WBSS previously being Charity of the Year for both Marks & Spencer Walsall & TSB
- Income received from the provision of support by WBSS including training and support to professionals, and to clients living out of area amounted to £1,125, a decrease of £650 on the previous year.
- Interest earned as a result of moving some reserves to a new saver account during this financial period increased to £582 compared to £166 in 2018/19.

Consistent with previous years, most of the referrals to *THE SWING* and to our adult support service lived in highly deprived areas of the borough. We know from the feedback we receive from parents and clients that if they had been required to pay for counselling, they would not have been able to afford to do so. As such, our organisational policy remains that clients living within the Walsall Borough are not charged for the support they receive to ensure that our service is accessible to all. However, we do actively encourage donations and ensure that our clients are aware that we are a charity and so rely on voluntary donations.

To enable the charity to continue to offer its services we are aware that we must continue to develop our income base, especially from community support and events. As a small charity, without a dedicated fundraiser, this does remain a challenge. However, through the increased income from donations and grants this financial year, we have demonstrated that we are rising to this challenge.

## Principal Funding Sources

### The National Lottery Community Fund

This has been the charity's largest funder during 2019/20, with income totalling £52,436 to fund the adult bereavement support service 'Let's Talk'.



### The Henry Smith Charity

During this financial year, we entered our final year of a three-year grant from the Henry Smith Charity for £30,000 per annum. This grant was for *THE SWING*. We reapplied for a further 3 year funding for this project in February 2020 and were informed in August 2020 that our application had been successful and that WBSS would be awarded a further grant of £90,000 to be spread over the next 3 years.

### BBC Children in Need

Income received for *THE SWING* from our three year BBC Children in Need Main Grants programme this year was £25,065. In addition, we received £9,665 from its Small Grants Programme. We plan to reapply to Children in Need for continuation funding for a further three years in 2020.

### Other notable grants

St. James's Place Foundation £10,000, Grantham Yorke Trust £5,000, The Barbara Ward Children's Foundation £5,000 towards costs associated with *THE SWING*.

### Community Fundraising and gifts in kind

We are extremely grateful to the people of Walsall who helped us to raise £7,423. We received £3,507 in donations from clients, £254 was donated in memoriam, and donations totalling £450 were received from a local supermarket and two Walsall churches. A further £1,097 was raised through various fundraising activities. We would like to thank members of the HOPE support group for organising various events, Elmwood School for the proceeds of their 'non-uniform day', and staff and customers of TSB Walsall and Aldridge for their fundraising events in support of WBSS. Donations via JustGiving and PayPal totalled £2,115.

For the 7th consecutive year, a local designer has donated his time and skills to produce the Walsall Bereavement Support Service Annual Review. He also designed the logos and leaflets for the 'Let's Talk' service and the 'Hope' support group. WBSS is immensely grateful for his time and commitment to our charity.

## Reserves Policy

The Management Committee continue to review the charity's requirements for reserves considering the main risk to the organisation, that being unsuccessful refunding. The Committee has established a policy whereby, the reserves in total that are not invested in tangible fixed assets held by the charity, should be up to the equivalent of 12 months of the total anticipated expenditure of the charity.

The level of these reserves has been determined by the need to meet the working capital requirements of the charity. This period represents the necessary amount of time required to deliver counselling sessions to all the clients who are on the waiting list for support and for the charity to carry out all its legal obligations.

At the end of March 2020, the total of the charity's reserves stood at £110,911 of which £38,715 were free reserves (unrestricted less fixed assets) and £69,478 restricted. The unrestricted free reserves represent 24.5% of our total expenditure of £157,927 during 2019/20, which is equivalent to 2.9 months of the charity's running costs. The financial strategy of WBSS continues to be that of building unrestricted reserves and this will be achieved through planned cost-effective operational procedures and further fundraising. The Committee will continue to take all necessary actions regarding the prevailing economic climate.

## Risk assessment

The Trustees are very aware of the need to assess and minimise risks to the operation of the charity. As such, a comprehensive set of policies and procedures are maintained, reviewed and updated where necessary to comply with changes in legislation and the many requirements of funding bodies. Following the guidance of these policies covers the main risks to the operation of the charity.

The risk of not being able to adequately fund the project was faced in this financial year. The prompt and comprehensive responses of the management committee to the major changes in funding profile of WBSS led to the decision to close the adult bereavement support service until such time that alternative funding was sourced for this service. This course of action ensured that WBSS remained financially viable and that the children/ young people's bereavement service *THE SWING* could continue to operate with reserves in place to support its delivery.

The risk of not supporting clients and volunteers professionally is managed by having a supervision programme in place in line with the British Association of Counselling and Psychotherapy (BACP) procedures. It is WBSS policy that every new volunteer is supported by way of a compulsory training course followed by induction, prior to client contact time. All members of staff meet weekly and the management committee meets at least quarterly to review, amend and update working procedures and to eliminate risks. These meetings are held more frequently if required. Disclosure and Barring checks are made on all members of staff and potential new volunteers and are rechecked every 3 years.

General Data Protection Regulation is adhered to as well as Vulnerable Adults and Child Protection policies regarding all work with children and families. Procedures are in place to ensure compliance with Health and Safety of all staff, volunteers, clients and visitors to the centre. These ensure a consistent quality of delivery for all operational aspects of the charity. In addition, the regular meetings of the Trustees at the charities premises, facilitate the constant review of the environment in which the charity exists.

## COVID-19

As a result of a national lockdown due to the COVID-19 pandemic, the charity closed its offices on Monday 23<sup>rd</sup> March 2020 and the Trustees implemented a work from home policy for staff and volunteers. The charity did not furlough any staff to ensure that bereaved clients could continue to be offered support. Trustees conducted monthly meetings via Zoom and regular meetings were held by the staff, also via Zoom, to offer guidance and support to each other.

All face-to-face counselling sessions were suspended and replaced with telephone support. At the date of signing off this report, staff have returned to working in the office on a rota basis and we reopened our centre for face-to-face support in October 2020.

At the point of writing this report, we can also confirm that in June 2020, WBSS received £2,428 from The CAF COVID Fund to purchase a laptop and printer to enable the Head of Service to work from home, plus mobile telephones for *THE SWING* counsellors. These new phones ensured that all staff could continue to support clients as cost effectively as possible. Previously, mobile phones were pay as you go.

In August 2020, WBSS also had confirmation that the charity would receive £36,194 from The National Lottery COVID Response Fund, to enable it to set up its Community Response Project. This will help the charity to deliver outreach counselling support across Walsall in targeted communities, ensuring that the service is more accessible to those who cannot afford to travel into Walsall town centre or those who are fearful of travelling due to the pandemic. The grant will also enable the purchase of PPE equipment such as an infrared thermometer, protective screens, hand sanitiser machines etc. This will allow the safe reopening of the centre and the safe recommencement of face-to-face counselling support.



# Structure, governance and management

## Governing document

**Walsall Bereavement Support Service is a registered charity that aims to meet some of the needs of bereaved people within the Walsall Borough. The charity, originally formed as an unincorporated charity in 1998, became a Charitable Incorporated Organisation (CIO) on 4<sup>th</sup> July 2013 and is governed by a constitution approved by the Charity Commission of England and Wales.**

## Appointment of trustees, induction and training

The focus of the charity is that of supporting bereaved adults, young people and children. The Management Committee seeks to ensure that the needs of these groups are appropriately reflected through the diversity of the trustee body. To enhance the potential pool of trustees the charity has sought to identify members of the community who are willing to use their own experiences to assist the organisation.

The Management Committee is well represented by a wide range of individuals from various aspects of the community. Trustees have the power to appoint additional trustees to act jointly with them for all purposes. A trustee whose term of office has expired can be appointed for a further term of office.

Whilst there is no formal induction process in place, all new trustees are invited and encouraged to visit the offices of WBSS in order to familiarise themselves with the organisation and the context within which it operates. The Head of Service will then discuss the following aspects of the organisation with the new trustee and answer any questions arising.

- The obligations of the Management Committee members.
- The main documents which set out the operational framework for the charity.
- The current financial position as set out in the latest published accounts.
- Future and objectives of the organisation.

In addition to the above, a copy of the latest Annual Report is given to all new trustees along with a trustee role description, a copy of the constitution, the Charity Commission's Trustee Handbook, the organisation's main policy documents and the latest financial statements.

## Organisational structure

WBSS has a Management Committee of at least 5 members who meet at least quarterly and are responsible for the strategic direction and policy of the charity. At present the Committee has 6 members from a variety of professional backgrounds relevant to the work of the charity. The Head of Service is also present at meetings but has no voting rights.

### **The Head of Service is responsible for:**

- The day-to-day operational management of the organisation in line with the constitution and quality procedures
- Ensuring that the charity delivers the services specified to all its service users
- Ensuring the team continues to develop skills and working practices in line with good practice
- The supervision of the staff team
- The recruitment, training and supervision of all volunteers
- Ensuring the future of the project by pursuing funding opportunities

## Responsibilities of the Management Committee

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

### In preparing these financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charity's SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charity (Accounts Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Management Committee and signed on its behalf on 19<sup>th</sup> October 2020  
by **Mr. J. Green (Chair)**

## Reference and administration information

**Charity Name:** Walsall Bereavement Support Service  
**Charity Status:** Charitable Incorporated Organisation  
**Charity Number:** 1152724  
**Registered Office:** Office Suite 2  
The Crossing at St Paul's  
Darwall Street  
Walsall  
West Midlands  
WS1 1DA  
01922 724841 / 01922 645035

### Trustees

**Chair:** James Green  
**Treasurer:** Neil Simpson  
**Trustees:** Dr Robert Crundwell  
Bev Simpson  
Alyson Green  
Elaine Bullen (appointed 1<sup>st</sup> April 2020)

### Employees

**Head of Service - Elaine Bullen (until April 2020)**  
Dip.Couns. Registered Member BACP

**Head of Service – Rhiannon Brown (from February 2020)**  
Dip.Couns. Registered Member BACP

**Finance Manager - Bev Richardson**  
MAAT

*THE SWING* Co-ordinator & Counsellor - Sally Robinson  
Dip.Couns. Registered Member BACP

*THE SWING* Counsellor - Bev Richardson  
Dip.Couns. Registered Member BACP; Post Qual.Dip Couns. Children & Young People

*THE SWING* Counsellor - Amanda Holtham  
Dip.Couns. Registered Member BACP

Administrator for 'Let's Talk' - Claire Hastings

### Independent Examiner

Karen Hanlan  
Karen Hanlan Independent Examiner Limited  
Hollyoaks, 3 School Lane  
Lea Marston  
B76 0BW

### Banks

Barclays Bank  
1 Breadmarket Street  
Lichfield  
Staffordshire  
WS13 6JY

Nationwide  
18 Bridge Street  
Walsall  
West Midlands  
WS1 1DE

## Acknowledgements

*Walsall Bereavement Support Service would like to publicly acknowledge and thank the following organisations and donors for their financial support during 2019/2020.*

- The Henry Smith Charity
- The National Lottery Community Fund
- BBC Children in Need
- St James' Place Charitable Foundation
- The Eveson Charitable Trust
- The Ratcliff Foundation
- The Eric W Vincent Trust Fund
- The George Henry Collins Charity
- The Clara E Burgess Charity
- The W.E.D Charity
- Grantham Yorke
- The Dumbreck Charity
- The Grimmitt Charity
- W O Street Charitable Foundation
- Central England QU
- The Geoff Hill Charitable Trust
- The Cole Charitable Trust
- Baron Davenport's Charity
- Marsh Christian Trust
- Jarman Charitable Trust
- Barbara Ward Children's Foundation
- The Roger & Douglas Turner Charitable Trust
- Edgar L Lawley Foundation
- Asda Foundation
- St Lawrence Church, Darlaston
- St Mark's Parish Church, Shelfield

*We would also like to thank the following organisations for fundraising on behalf of Walsall Bereavement Support Service during 2019/2020*

- TSB Bank Walsall
- TSB Bank Aldridge
- The Crossing at St Paul's
- Members of the Hope Group
- Pupils and staff at Elmwood School, Rushall

***And finally... many thanks go to all of the volunteers for the skills, commitment, and time that they have contributed throughout the year. Without their support we simply would not be able to provide this valuable service.***

# Independent Examiner's Report to the Trustees of Walsall Bereavement Support Service

I report to the trustees on my examination of the accounts of Walsall Bereavement Support Service ('the Charity') for the year ended 31 March 2020 which are set out on pages 22 to 32.

## Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

## Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
- 2) the accounts do not accord with those records; or
- 3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Karen Hanlan, Institute of Chartered Accountants, England & Wales  
Karen Hanlan Independent Examiner Limited  
Lea Marston, B76 0BW

Date  
19<sup>h</sup> October 2020

## Statement of financial activities

		Un-restricted funds 2020	Restricted funds 2020	Total funds 2020	Total funds 2019
Income from:	Note	£	£	£	£
Donations & legacies	1	5,611	72,300	77,911	82,154
Charitable activities	2	1,125	87,166	88,291	47,592
Trading activities	3	2,294	918	3,212	6,811
Investments – bank interest		582	-	582	166
<b>Total income</b>		<b>9,612</b>	<b>160,384</b>	<b>169,996</b>	<b>136,723</b>
<b>Expenditure on:</b>					
Raising funds		-	13,007	13,007	11,358
Charitable activities		2,287	142,633	144,920	115,896
<b>Total expenditure</b>	4	<b>2,287</b>	<b>155,640</b>	<b>157,927</b>	<b>127,254</b>
<b>Net income and net movement in funds for year</b>		<b>7,325</b>	<b>4,744</b>	<b>12,069</b>	<b>9,469</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		34,108	64,734	98,842	89,373
<b>Total funds carried forward</b>		<b>41,433</b>	<b>69,478</b>	<b>110,911</b>	<b>98,842</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

## Balance sheet

	Note	2020 £	2019 £
<b>FIXED ASSETS</b>			
Tangible assets	7	<u>2,718</u>	<u>-</u>
<b>CURRENT ASSETS</b>			
Debtors	8	1,549	3,013
Cash at Bank		<u>131,683</u>	<u>121,114</u>
		<u>133,232</u>	<u>124,127</u>
<b>CREDITORS</b>			
Amounts falling due within one year	9	(25,039)	(25,285)
<b>NET CURRENT ASSETS</b>		<u>108,193</u>	<u>98,842</u>
<b>NET ASSETS</b>		<u>110,911</u>	<u>98,842</u>
<b>FUNDS</b>			
	11		
Restricted Funds		69,478	64,734
Unrestricted Funds		41,433	34,108
<b>TOTAL FUNDS</b>		<u>110,911</u>	<u>98,842</u>

The accompanying accounting policies and notes form part of these financial statements.

Approved by the Trustees and signed on their behalf by:

Mr J Green, Chair of Trustees

Date: 19<sup>th</sup> October 2020

## Principal accounting policies

### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (updated 1 January 2019) – (Charities SORP (FRS102)) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

Walsall Bereavement Support Service meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

### Going Concern statement

The financial statements have been prepared on a going concern basis which assumes that the Charity will continue to operate. The validity of this assumption is dependent upon the continuance of support from the Charity's key funders and stakeholders and in response to the progress made by the Charity in pursuing a viable budget including the obtaining of further grants and donations. The Charity's business plan shows that the Charity will be able to operate in the foreseeable future. Based on this understanding the Trustees believe that it remains appropriate to prepare the financial statements on a going concern basis. The financial statements do not include any adjustments, which would result from the basis of preparation being inappropriate.

### Funds

General accumulated funds are unrestricted funds available for general purposes and include funds designated for a particular purpose; the use of such funds remains at the discretion of the Trustees.

Restricted funds are funds subject to conditions imposed by the donor or by specific terms of the appeal under which the funds are raised. The restrictive conditions are binding upon the Charity.

### Income

All income is recognised in the Statement of Financial Activities when the Charity is legally entitled, ultimate receipt is probable and the amount can be quantified with reasonable accuracy.

Income relating to future periods, as a result of donor imposed conditions specifying the time period, has been treated as deferred income.

Income dependent on certain conditions, amounting to more than mere administrative requirements, is recognised when the conditions have been fulfilled.

### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis. Expenditure is classified under the following activity headings:

Costs of raising funds comprises the costs of fundraising activity and includes an allocation of staff costs relating to time spent on fundraising activity.

Expenditure on charitable expenditure includes the costs of project delivery to further the purposes of the Charity and their associated support and governance costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.



## Principal accounting policies (continued)

### Interest receivable

Bank interest is shown on the basis of amounts received in the year.

### Tangible fixed assets

Depreciation is provided at a rate calculated to write off the cost on a straight line basis over a period of less than the estimated useful life of the assets, which is estimated at 4 years.

Fixed assets are capitalised when their value exceeds £500.

### Cash and cash equivalents

Cash and cash equivalents include cash at bank and in hand and short term deposits repayable on or within a three month notice period.

### Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

### Creditors

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

### Pensions

The Charity contributes to employee's individual personal pension plans. The employer contributions to the scheme in 2020 were £3,430 (2019 £2,373) and are charged to the statement of financial activities as incurred.

### Taxation

As a registered Charity no provision is considered necessary for taxation.

# Notes to the financial statements

## 1. Donations & legacies

	<b>2020</b>	<b>2019</b>
	<b>£</b>	<b>£</b>
<b>Un-restricted:</b>		
Donations	4,111	1,029
Grants	1,500	2,000
	<u>5,611</u>	<u>3,029</u>
<b>Restricted:</b>		
Donations	250	185
Grants		
The Henry Smith Charity (The Swing)	30,000	30,000
Other Charitable Trusts (The Swing)	42,050	48,200
Other Charitable Trusts (Hope Group)	-	740
	<u>72,300</u>	<u>79,125</u>
	<u><u>77,911</u></u>	<u><u>82,154</u></u>

## 2. Income from Charitable Activities

	<b>2020</b>	<b>2019</b>
	<b>£</b>	<b>£</b>
<b>Un-restricted:</b>		
Training & Support	1,125	1,775
	<u>1,125</u>	<u>1,775</u>
<b>Restricted:</b>		
The National Lottery (Let's Talk)	52,436	13,169
Children in Need small grant (The Swing)	9,665	9,082
Children in Need main grant (The Swing)	25,065	23,566
	<u>87,166</u>	<u>45,817</u>
	<u><u>88,291</u></u>	<u><u>47,592</u></u>

## 3. Trading activities

	<b>2020</b>	<b>2019</b>
	<b>£</b>	<b>£</b>
<b>Un-restricted:</b>		
Fundraising events	2,294	5,795
<b>Restricted:</b>		
Fundraising (The Swing)	78	1,016
Fundraising (Hope Group)	840	-
	<u>918</u>	<u>1,016</u>
	<u><u>3,212</u></u>	<u><u>6,811</u></u>

## Notes to the financial statements (continued)

### 4. Analysis of expenditure

	Unrestricted	Restricted	2020	2019
	£	£	£	£
Staff Costs	-	112,528	112,528	86,866
Fundraising Costs	-	8,876	8,876	9,663
Rent	-	11,650	11,650	12,000
Room Hire	-	705	705	585
IT	-	1,175	1,175	1,248
Telephone	-	494	494	501
Stationery	-	134	134	560
Postage	-	1,017	1,017	254
Printing	-	753	753	916
Office Equipment	-	413	413	501
Refreshments	-	100	100	103
Materials	-	145	145	1,273
Resources	-	297	297	4,554
Travel / Parking	-	1,143	1,143	1,082
Training	-	2,369	2,369	1,096
Supervision	-	4,600	4,600	2,701
Assessment	-	1,440	1,440	199
Client Support	-	75	75	120
Volunteers	-	-	-	-
Publicity	-	852	852	-
Insurance	-	1,941	1,941	1,567
DBS Checks	-	366	366	214
Annual Fees	-	1,276	1,276	1,120
Bank Charges	-	190	190	17
Sundries	2,287	2,385	4,672	114
Depreciation	-	716	716	-
	<b>2,287</b>	<b>155,640</b>	<b>157,927</b>	<b>127,254</b>

### Resources Expended

	Unrestricted	Restricted	2020	2019
	£	£	£	£
Fundraising Costs	-	13,007	13,007	11,358
Direct Costs	-	99,455	99,455	71,509
Support Costs	2,287	38,835	41,122	40,395
Governance	-	4,343	4,343	3,992
	<b>2,287</b>	<b>155,640</b>	<b>157,927</b>	<b>127,254</b>

### 5. Net expenditure/income for year

Net income is stated after charging:	<b>2020</b>	<b>2019</b>
	£	£
Independent Examiners fee	890	890
Depreciation	716	-

## Notes to the financial statements (continued)

### 6. Staff costs, trustee remuneration and expenses

	2020 £	2019 £
Salaries	103,604	80,415
National Insurance	5,494	4,078
Pensions	3,430	2,373
	<u>112,528</u>	<u>86,866</u>
Total	<u>112,528</u>	<u>86,866</u>

No employee has employee benefits in excess of £60,000 (2018: nil).

The equivalent of 3.93 full-time members of staff were employed during the year (2019: 3.04)

Key management personnel comprise the Head of Service and the Finance Manager whose employee benefits total £46,468 (2019 £43,703).

The charity does not operate its own pension scheme but contributes 7% of salary to employees' personal pension plans.

There were no trustees' remuneration or other benefits in the year (2019: None). No trustee expenses were reimbursed in the year (2019: None).

There are no further related party transactions that require disclosure in the accounts.

### 7. Tangible fixed assets

	Computer Equipment £	Fixtures & Fittings £	Total £
<b>Cost</b>			
At beginning of year	12,615	2,182	14,797
Additions	3,434	-	3,434
	<u>16,049</u>	<u>2,182</u>	<u>18,231</u>
At end of year	<u>16,049</u>	<u>2,182</u>	<u>18,231</u>
<b>Depreciation</b>			
At beginning of year	12,615	2,182	14,797
Charge for the year	716	-	716
	<u>13,331</u>	<u>2,182</u>	<u>15,513</u>
At end of year	<u>13,331</u>	<u>2,182</u>	<u>15,513</u>
<b>Net Book Value</b>			
At 31 March 2019	-	-	-
<b>At 31 March 2020</b>	<u>2,718</u>	<u>-</u>	<u>2,718</u>

### 8. Debtors

	2020 £	2019 £
Prepayments	1,049	3,013
Rental Deposit	500	-
	<u>1,549</u>	<u>3,013</u>

## Notes to the financial statements (continued)

### 9. Creditors: amounts falling due within one year

	2020	2019
	£	£
Accruals	890	935
Deferred income	24,149	24,350
	<b>25,039</b>	<b>25,285</b>

Movements in deferred income are as follows:

	£
At beginning of year	24,350
Released to income in year	(24,350)
Deferred in year	(24,149)
At end of year	24,149

Deferred income relates to funding received in advance of project activity.

### 10. Analysis of net assets between funds

Fund balances at 31 March 2020 are represented by:

	Un-restricted Funds	Restricted Funds	Total Funds
	£	£	£
Fixed Assets	-	2,718	2,718
Current assets	41,433	91,799	133,232
Current Liabilities	-	(25,039)	(25,039)
<b>Total</b>	<b>41,433</b>	<b>69,478</b>	<b>110,911</b>

Fund balances at 31 March 2019 were represented by:

	Un-restricted Funds	Restricted Funds	Total Funds
	£	£	£
Fixed Assets	-	-	-
Current assets	34,553	89,574	124,127
Current Liabilities	(445)	(24,840)	(25,285)
<b>Total</b>	<b>34,108</b>	<b>64,734</b>	<b>98,842</b>

## Notes to the financial statements (continued)

### 11. Movement in funds

2019/20	Balance at beginning of year £	Income £	Expenditure £	Balance at end of year £
<b>Restricted funds</b>				
The National Lottery	5,084	52,436	(50,077)	<b>7,443</b>
Let's Talk	-	250	-	<b>250</b>
The Swing	48,001	32,128	(30,805)	<b>49,324</b>
The Henry Smith Charity	-	30,000	(30,000)	-
BBC Children in Need – small grant	653	9,665	(9,572)	<b>746</b>
BBC Children in Need – main grant	645	25,065	(24,941)	<b>769</b>
The Wesleyan Foundation	7,288	-	(7,288)	-
Grantham Yorke	463	-	(75)	<b>388</b>
St James's Place	-	10,000	(2,684)	<b>7,316</b>
Hope Group	2,600	840	(198)	<b>3,242</b>
	<hr/> 64,734	160,384	(155,640)	<b>69,478</b>
<b>Un-restricted funds</b>				
General fund	34,108	9,612	(2,287)	<b>41,433</b>
	<hr/>			
<b>Total funds</b>	<b>98,842</b>	<b>169,996</b>	<b>(157,927)</b>	<b>110,911</b>

The National Lottery Community Fund is year 2 of a three-year grant. This enabled us to provide support to bereaved adults under the project name of Let's Talk.

The Swing provides counselling support to children, young people and families. Funding is provided by various charitable giving organisations and grant providers.

The Henry Smith Charity is year 3 of a three-year grant towards The Swing project.

Both BBC Children In Need grants are year 3 of three-year grants towards salary costs associated with The Swing.

The Wesleyan Foundation provides funding for a third counsellor working with The Swing.

St James's Place also provides funding for the third counsellor working with The Swing.

Grantham Yorke provided funding for sessional workers to support bereaved children and young people as and when required.

Hope Group (formally the Bereaved by Suicide Support Group) provides monthly support to the families who have lost loved ones as a result of suicide.

General funds consist of unrestricted reserves brought forward, general donations and fundraising; they may be used for any charitable purpose as deemed by the trustees.

## Notes to the financial statements (continued)

### Comparative Movement in Funds

<b>2018/19</b>	<b>Balance at beginning of year £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>Balance at end of year £</b>
<b>Restricted funds</b>				
The National Lottery	-	13,169	(8,085)	<b>5,084</b>
The Swing	34,790	38,200	(24,989)	<b>48,001</b>
The Henry Smith Charity	-	30,000	(30,000)	-
BBC Children in Need – small grant	1,208	9,072	(9,627)	<b>653</b>
BBC Children in Need – main grant	1,808	23,566	(24,729)	<b>645</b>
The Wesleyan Foundation	-	10,000	(2,712)	<b>7,288</b>
Grantham Yorke	598	-	(135)	<b>463</b>
The Toy Trust	655	-	(655)	-
Cooper & Jordan Endowed School	4,767	-	(4,767)	-
Bereaved by Suicide support group	1,325	1,951	(676)	<b>2,600</b>
	<b>45,151</b>	<b>125,958</b>	<b>(106,375)</b>	<b>64,734</b>
<b>Un-restricted funds</b>				
General fund	44,222	10,765	(20,879)	<b>34,108</b>
<b>Total funds</b>	<b>89,373</b>	<b>136,723</b>	<b>(127,254)</b>	<b>98,842</b>

### 12. Controlling Interest

The Charity is controlled by the Trustees.

## Notes to the financial statements (continued)

### 13. Comparative Statement of Financial Activities

<b>Income from:</b>	<b>Un-restricted funds 2019 £</b>	<b>Restricted funds 2019 £</b>	<b>Total funds 2019 £</b>
Donations & legacies	3,029	79,125	<b>82,154</b>
Charitable activities	1,775	45,817	<b>47,592</b>
Trading activities	5,795	1,016	<b>6,811</b>
Investments – bank interest	166	-	<b>166</b>
<b>Total income</b>	<b>10,765</b>	<b>125,958</b>	<b>136,723</b>
<b>Expenditure on:</b>			
Raising funds	2,107	9,251	<b>11,358</b>
Charitable activities	18,772	97,124	<b>115,896</b>
<b>Total expenditure</b>	<b>20,879</b>	<b>106,375</b>	<b>127,254</b>
<b>Net (expenditure)/income and net movement in funds for year</b>	<b>(10,114)</b>	<b>19,583</b>	<b>9,469</b>
<b>Reconciliation of funds:</b>			
Total funds brought forward	44,222	45,151	<b>89,373</b>
<b>Total funds carried forward</b>	<b>34,108</b>	<b>64,734</b>	<b>98,842</b>