



Recommended Reads for Young People 13+

Fiction

J. Ashton "Killing the Demons"

ISBN 0192751107 Oxford University Press

Samantha survives a road traffic accident in which her brother is killed. She does not feel that she can go on with life but in time her life begins to improve.

Judy Blume "Tiger Eyes"

ISBN 0330398121 Macmillan Children's Books

Davey is just a normal 15 year old girl until her father is shot dead.

Tim Bowler "River Boy"

ISBN 0192754440 Oxford University Press

Jesse's grandfather suffers a heart attack. This adventure story follows Jesse as she copes with the difficult emotions that follow.

Martha Brooks "Two Moons"

ISBN 0747548412 Bloomsbury

Sidonie tries to cope with the death of her mother.

S. Chick "I Never Told Her I Loved Her"

ISBN 0704349477 Livewire

Frankie is struggling to cope with the death of her mother, remembering nothing but the bad times. Her father helps her to talk about the loss and plan for the future.

Sarah Dession "The Truth About Forever"

ISBN 0670036390 Viking Books

When asked how she is coping with her father's death, Macy answers "Fine" when nothing could be further from the truth. Though it feels like the future ended the day her Dad died, Macy learns that forever is all about beginnings.

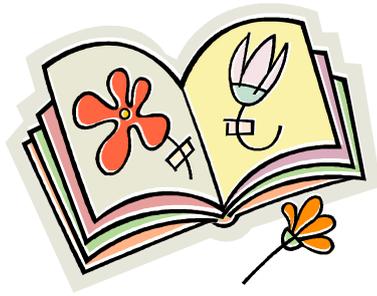
Carol Hedges "Jigsaw"

ISBN 0192751719 Oxford University Press

Grant is a bully, an outsider, a loser. Nobody likes him. But when he commits suicide, Annie feels compelled to try and find out what drove him to such despair.

Elizabeth Laird "Red Sky in the Morning"

ISBN 0330398679 MacMillan Children's Books
The Doctors say that Anna's baby brother Ben is profoundly disabled and will soon die. This story follows Anna as she faces the tragedy of her sibling's death.



Chris Lynch "Freewill"

ISBN 0747562660 Bloomsbury

A young man tries to come to terms with the death of a classmate.

Gabrielle Zevin "Elsewhere"

ISBN 0374320918 Farrar Straus Giroux

This story follows 15 year-old Liz as she dies and enters the Afterlife.

Non-fiction

Carol Ann Duffy "Stopping for Death"

ISBN 0670854166 Viking

A collection of poetry highlighting the varied emotions that death can inspire – from quiet resignation to uncontrollable anger.

Helen Fitzgerald "The Grieving Teen: a Guide for Teenagers and Their Friends"

ISBN 0684868040 Simon & Schuster

Offers advice on how to cope with death, the emotional impact of bereavement, signs and symptoms of a teenager in trouble, and teens' special needs and concerns during the grieving process.

Marilyn E. Gootman "When a Friend Dies: A Book for Teens about Grieving and Healing"

ISBN 1575421704 Free Spirit Publishing Inc

A thoughtful book aiming at answering some of the possible questions raised by the death of a friend.

Earl. A. Grollman "Straight Talk About Death for Teenagers: How to Cope with Losing Someone You Love"

ISBN 0807025011 Beacon Press

Ways of coping with grief aimed specifically at teenagers.

Edward D. Myers "When Will I Stop Hurting?: Teens, Loss and Grief"

ISBN 0810849216 Scarecrow Press

A Self-help guide for teens struggling with issues of bereavement. Includes personal accounts from bereaved teens and suggestions for coping.

Claire Wallerstein "Need to Know: Teenage Suicide"

ISBN 0431098204 Heinemann

Looks at the explosion in teen suicide rates in recent years and considers possible causes. Essential information aimed at teens, frank and honest style.



Videos

It'll be OK

A video made by teenagers for young people about what helped them to cope with their bereavement.

Someone Died - It happened to me

Children and Teenagers talking about their experiences of loss.